

Patient Name:
D.O.B:

Informed Consent for Patients Desiring Augmentation Mammoplasty With a Large (>350cc) Implant

I _____ have discussed with Dr. Abel Mounir and fully understand and accept the following with regard to my desire for breast augmentation using large (greater than 350cc volume) implants.

I acknowledge that I fully understand each item listed below. I have had an opportunity to have all my questions answered, and I feel informed, and I accept each risk or tradeoff listed below as indicated by my initial(s) beside each item. _____ (Please place your initial in the blank at left, then initial each box beside each item below.)

- As I get older, my breast skin will age, stretch and become thinner even without an implant. The larger any breast, augmented or not, the worse it will look over time.
- Adding any implant to my breast adds weight and will produce stretch and thinning of my tissues over time.
- The larger the implant, the greater the amount of stretch that will occur.
- Adding excess weight to the breast almost guarantees that it will look worse over time, with increased stretch and sagging. It is impossible to predict whether or when this will occur in any individual patient.
- Adding weight to my breast with a large implant may cause me to need further surgery in the future, especially mastopexy (breast lifting) with additional scars and possible loss of nipple sensation and I will incur additional costs, time off work, risks, and tradeoffs if additional surgery is necessary.
- Excessive tissue stretch from a large implant can make me more likely to have surgical complications with healing problems if the tissues become very thin.
- As tissues thin, I will definitely be able to feel my implant, portions of the implant may be visible through my skin, and visible rippling or wrinkling may occur.
- If excessive stretch or complications occur (and this is unpredictable), it may even become necessary to remove the implants, with compromise in the appearance of my breasts and probable visible scarring if breast lifting (mastopexy) is necessary when the implants are removed.
- When I request implants larger than Dr. Abel Mounir feels are optimal for my tissues and body proportions, I am overruling Dr. Mounir years of experience and judgment and I accept full responsibility for every possible outcome of my decision, whether that outcome or risk is known or unknown to me and to Dr. Mounir.
- I understand and accept all of these risks, limitations, and tradeoffs, and request that Dr. Mounir proceed with large implant (>400cc) augmentation of my breasts. I have

had an opportunity to have all of my questions answered to my satisfaction and am totally comfortable with my decision.

Signed this _____ day of the month of _____, 20____

in the presence of the witness listed below.

Patient: (Please print)

Witness: (Please print)

Patient: (Please sign)

Witness: (Please sign)